



**Barnet Medical Plaza**  
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 P: 973.977.6662 F: 973.341.1128

**Towne Centre**  
 3 Walter E. Foran Blvd., Suite 312 Flemington N.J. 08822  
 P: 908.284.2300 F: 908.442.7432

## BREAST BIOPSY PREPARATION

You may eat a light meal prior the procedure. It is not necessary to restrict food or fluids.

Wear a two-piece outfit, such as pants and a loose-fitting blouse. A stretchy sports bra will be most comfortable and will help support the dressing after the procedure. Make-up, deodorant, and other hygienic measures will not interfere with your biopsy procedure.

Please notify the staff and physicians performing this procedure if you are pregnant.

The medications listed below must **NOT** be taken one week prior to the procedure. These medications either contain Aspirin or Aspirin-like drugs such as Ibuprofen which can reduce blood clotting. Many "**over the counter**" drugs, especially cold and sinus medicines, contain Aspirin. Please check with your pharmacist, physician or nurse to be certain that any of the medications you take do not contain Aspirin or Ibuprofen.

Tylenol is an acceptable pain-reliever before or after the biopsy procedure.

**IMPORTANT:** If you are on any anti-coagulant medication such as COUMADIN or PLAVIX or any anti-depressants such as NARDIL you must inform your primary care physician, as well as our office. Notify the staff and physicians performing this procedure if you have allergies to any medications, such as Lidocaine, Iodine scrub, Epinephrine, Bacitracin, etc.

Advil	Fiorinal	St. John's Wort
Alka-Seltzer	Ibuprofen	Zinc
Anacin	Indocin	Bromelain
A.P.C.	Midol	Chondroitin
Arthritis Pain Formula	Motrin	Diet Pills
Ascriptin	Naprosyn	Flaxseed
Aspergun	Non-Steroidal Anti-	Garlic
Bayer	Inflammatory Drugs	Ginko-biloba
Bayer-Time Release	Nuprin	Glucosamine
Bufferin	Percodan	Gotu Kola
Darvon Compound	Sine-Aid	Herbal Teas
Ecotrin	Trilisate	Horse Chesnut
Empirin	Vanquish	Licorice
Excedrin	Vioxx	Omega 3-Fatty Acids
Excedrin PM	Celebrex	
Feldene (Propiroxican)	Vitamin E	

**NOTE:** You may prefer to have someone accompany you on the day of your biopsy. If oral sedative medication is required, it will be necessary to have someone accompany you as a designated driver.

**IF YOU HAVE ANY QUESTIONS REGARDING THE BIOPSY, PLEASE CONTACT OUR PATERSON OFFICE AT 973-977-6662 OR OUR FLEMINGTON OFFICE AT 908-284-2300.**

Patient's name: \_\_\_\_\_ Signature: \_\_\_\_\_

Appointment Date: \_\_\_\_\_ Appointment Time: \_\_\_\_\_